

GRACIOUS ADVENTURES SUMMER CAMP

3 INGREDIENT ICE CREAM

INGREDIENTS

2 cups of heavy cream or whipping cream

14 oz can sweetened condensed milk

2 cups of candy/cookies or anything you want to add into your ice cream

DIRECTIONS

1. Make sure to place your freezer safe bowl into the freezer for 20-30 minutes to chill before you start making the ice cream. *Tip: You can also chill the beaters too!
2. Remove the bowl from the freezer
3. Pour the heavy cream into the bowl and using an electric mixer beat the cream until you get stiff peaks. This will take about 5-7 minutes.
4. Pour the sweetened condensed milk into the same bowl and stir it gently with a spatula.
5. Add in your 2 cups of candy/cookies or anything you want into the mixture and stir.
6. Pour the mixture into a freezer safe container.
7. Top the ice cream with the candy/cookies pieces you have left.
8. Freeze overnight!
9. The next day, scoop and serve up your delicious ice cream!