

What is something that made you smile today?



Who in our family are you grateful for and why?



What is something you learned today?

What is something silly that happened today?




What is something you are proud of today?




What is something you worked hard on today?



What is one thing you are grateful for today?




Who made you feel loved today?




What is something you are looking forward to?

How did you relax today?



What is something you love about yourself?



What activity did you love doing today?

